



TOURNAMENT POWERLIFTING 2024
22/03/2024 RISON LETZION, ISRAEL



POWERLIFTING RAW (KG)

Name	Age	Div	BWt (Kg)	WCIs (Kg)	Glossbrenner	Squat 1	Squat 2	Squat 3	Best Squat	Bench 1	Bench 2	Bench 3	Best Bench	Sub Total	Deadlift 1	Deadlift 2	Deadlift 3	Best Deadlift	PL Total	Coeff Score	Age & Coeff	PI-Div-WtCI	
Yana Kotova	26	FO	67.5	67.5	0.9000	100	110	-115	110	60	65	-70	65	175	-110	115	-120	115	290.00	260.99	0.00	1-FO-67.5	
Miriam Somekh	36	FO	71.5	75	0.8637	95	-100	100	100	60	-62.5	-62.5	60	160	135	140	145	145	305.00	263.43	0.00	1-FO-75	
Nikita Medvedev	18	MT3	76.9	82.5	0.6794	160	170	180	180	85	95	102.5	102.5	282.5	-210	210	-220	210	492.50	334.60	354.68	1-MT3-82.5	
Yam Levi	18	MT3	96.5	100	0.5905	220	-240	-240	220	125	135	140	140	360	265	-280	285	285	645.00	380.87	403.72	1-MT3-100	
Gilad Talker	33	MO	73.6	75	0.6983	195	205	213	212.5	120	130	135	135	347.5	230	240	252.5	252.5	600.00	418.98	0.00	1-MO-75	
Evgenii Golbraikh	29	MO	72.6	75	0.7057	108	115	120	120	92.5	97.5	100	100	220	142.5	150	155	155	375.00	264.62	0.00	2-MO-75	
Edgar Beznosko	24	MO	78.7	82.5	0.6652	-105	120	-130	120	70	77.5	-85	77.5	197.5	140	160	-170	160	357.50	237.81	0.00	1-MO-82.5	
Gideon Kuznetsov	26	MO	84.5	90	0.6350	130	135	140	140	92.5	100	-105	100	240	160	170	180	180	420.00	266.68	0.00	1-MO-90	
Idan Shany	30	MO	83.2	90	0.6412	120	130	-135	130	70	80	-87.5	80	210	170	180	195	195	405.00	259.67	0.00	2-MO-90	
Itay Dahan	26	MO	107.5	110	0.5663	165	180	185	185	110	125	-140	125	310	165	185	205	205	515.00	291.64	0.00	1-MO-110	
Efi Ardi	25	MO	146.7	SHW	0.5256	320	340	-350	340	190	205	-212.5	205	545	310	335	-355	335	880.00	462.53	0.00	1-MO-SHW	
Yuri Aristidov	87	MM9	58.5	60	0.8538	60	65	70	70	60	65	70	70	140	85	95	100	100	240.00	204.91	420.07	1-MM9-60	
Valery Frenklakh	81	MM9	67.3	67.5	0.7504	60	70	-80	70	40	45		45	115	90	100		100	215.00	161.33	330.72	1-MM9-67.5	
Alex Papir	78	MM8	75	75	0.6886	100	110	110	110	95	-100	100	100	210	150	160	170	170	380.00	261.65	513.09	1-MM8-75	
Arthur Fantalis	61	MMS	80.2	82.5	0.6567	130	140	145	145	105	110	-115	110	255	170	180	190	190	445.00	292.23	399.19	1-MM5-82.5	
Dmitry Abramson	60	MMS	90.3	100	0.6108	125	130	135	135	105	110	115	115	250	150	155		155	405.00	247.35	331.45	1-MM5-100	
Karafelov Benyamin	47	MM2	107.5	110	0.5663	150	160	170	170	95	-100	100	100	270	180	190	200	200	470.00	266.16	287.99	1-MM2-110	
Gleb Braginski	43	MM1	73.5	75	0.6990	150	155	-158	155	110	115	-120	115	270	190	202.5	210	210	480.00	335.52	345.92	1-MM1-75	
Oren Kidar	44	MM1	92.8	100	0.6020	170	175	180	180	125	132.5	140	140	320	180				180	500.00	300.98	313.92	1-MM1-100
Itzhak Batat SOFT	16	MT2	58.2	60	0.8582	90	100	105	105	-75	-75	75	75	180	125	135	140	140	320.00	274.62	310.33	1-MT2-60	