

FITNESS LAND CUP 2022

23/09/2022 RISON LETZION, ISRAEL

RUSSIAN BENCHPRESS

Name	Age	Div	BWt (Kg)	Bench	Repetitions
Anton Yorkin	24	MO	83.7	85	19
Elin Elkin	34	FO	46.4	25	30

DEADLIFT MAX REP

Name	Age	Div	BWt (Kg)	Bench	Repetitions
Elin Elkin	34	FO	46.4	47.5	33

