



ISRAEL OPEN CUP NPA 2018
07.04.2018, RISON LETZION, ISRAEL



RUSSIAN BENCHPRESS

Name	Age	Div	BWt (Kg)	Bench	Repetitions
Anna Falko	43	FM1	59.6	30	80
Alex Rabinovich	51	MO	77.4	77.5	38
Amit Bezherano	19	MT3	89	90	20
Igor Nedelko	39	MO	99.5	100	37

DEADLIFT FOR MAX. REPETITIONS

Name	Age	Div	BWt (Kg)	Bench	Repetitions
Noya Yona	15	FT1	55	55	50
Anna Falko	43	FM1	59.6	60	87