



FITNESS LAND CUP 2021

08/10/2021 RISON LETZION, ISRAEL



POWERLIFTING EQ/SOFT (KG)

Name	Age	Div	BWt (Kg)	WtCls (Kg)	Glossbrenner	Squat 1	Squat 2	Squat 3	Best Squat	Bench 1	Bench 2	Bench 3	Best Bench	Deadlift 1	Deadlift 2	Deadlift 3	Best Deadlift	PL Total	Coeff Score		PI-Div-WtCI
David Daraseliya	21	MJ	94	100	0.5980	220	230	240	240	160	170	180	180	-270	270	280	280	700	412.6	420.87	1-MJ-100

POWERLIFTING RAW (KG)

Name	Age	Div	BWt (Kg)	WtCls (Kg)	Glossbrenner	Squat 1	Squat 2	Squat 3	Best Squat	Bench 1	Bench 2	Bench 3	Best Bench	Deadlift 1	Deadlift 2	Deadlift 3	Best Deadlift	PL Total	Coeff Score	Age & Coeff	PI-Div-WtCI
Atara Kevelson	22	FJ	51	52	1.1247	70	72.5	75	75	47.5	52.5	-57.5	52.5	87.5	92.5	95	95	222.5	250.2	252.75	1-FJ-52
Nikole Morozov	25	FO	59	60	1.0010	95	103	105	105	57.5	-62.5	-62.5	57.5	120	127.5	130	130	292.5	292.8	0	1-FO-60
Anastasia Zinchenko	35	FO	66.3	67.5	0.9124	110	120	125	125	75	80	-82.5	80	130	140	142.5	142.5	347.5	317	0	1-FO-67.5
Aluma Turgeman	31	FO	63.1	67.5	0.9487	80	87.5	-97.5	87.5	47.5	52.5	57.5	57.5	105	110	120	120	265	251.4	0	2-FO-67.5
Maria Chistiakov	35	FO	61.3	67.5	0.9708	65	-75	85	85	50	-55	-55	50	85	95	-105	95	230	223.3	0	3-FO-67.5
Tatyana Feygin	24	FO	81.1	82.5	0.7950	100	108	110	110	57.5	-60	60	60	130	-140	140	140	310	246.4	0	1-FO-82.5
Katrin Mechkar	30	FO	95.3	SHW	0.7295	100	105	-110	105	60	62.5	-65	62.5	100	110	-120	110	277.5	202.4	0	1-FO-SHW
Dafna Levin	52	FM3	58.5	60	1.0079	90	-92.5	-92.5	90	55	57.5	60	60	120	125	130	130	280	282.2	328.78	1-FM3-60
Zaza Kharbedia	23	MJ	74.4	75	0.6927	180	185	190	190	130	135	-140	135	220	230	-240	230	555	384.4	0	1-MJ-75
Reem Azriel	23	MJ	80.8	82.5	0.6535	145	155	165	165	100	105	-112.5	105	165	172.5	180	180	450	294.1	0	1-MJ-82.5
Igal Rahmani	22	MJ	85.2	90	0.6317	-180	183	185	185	-100	100	-105	100	220	230	240	240	525	331.6	334.96	1-MJ-90
Tal Arbetov	23	MJ	95.5	100	0.5935	145	153	165	165	110	115	125	125	195	200	212.5	212.5	502.5	298.2	0	1-MJ-100
Sasha Arenzon	35	MO	74.7	75	0.6906		178	-182.5	178	120	125	-127.5	125	240	-255	-255	240	542.5	374.7	0	1-MO-75
Tamir Avraham	28	MO	76.5	82.5	0.6786	183	188	-192.5	188	120	125	127.5	127.5	210	220	225	225	540	366.4	0	1-MO-82.5
Ben Greenberg	24	MO	79	82.5	0.6635	-175	180	-190	180	115	120	-125	120	215	225	235	235	535	355	0	2-MO-82.5
Natanel Balk	26	MO	84.5	90	0.6350	125	135	140	140	110	122.5	127.5	127.5	-190	-190	200	200	467.5	296.8	0	1-MO-90
Oren Ben-Bassat	45	MO	99.7	100	0.5821	160	180	192.5	193	135	147.5	-155	147.5	190	215	227.5	227.5	567.5	330.3	348.48	1-MO-100
Ran Turgeman	30	MO	99.5	100	0.5826	205	-220		205	130	140	-150	140	220	-240		220	565	329.1	0	2-MO-100
Osher Softi	29	MO	138.1	140	0.5328	260	280	310	310	170	185	200	200	250	265		265	775	412.9	0	1-MO-140
Ernest Ruzin	84	MM9	63.2	67.5	0.7931	115	128	130	130	50	57.5		57.5	150	162.5		162.5	350	277.6	569.01	1-MM9-67.5
Arthur Fantalis	59	MM4	79.2	82.5	0.6624	125	130	137.5	138	105	110	112.5	112.5	175	185	190	190	440	291.4	383.24	1-MM4-82.5
Michael Son	43	MM1	80.3	82.5	0.6562	105	110	115	115	-95	-100	-100	0	120	130	140	140	0	0	0	0.00