



FITNESS LAND CUP 2022
28/01/2022 RISON LETZION, ISRAEL



POWERLIFTING EQ/SOFT (KG)

Name	Age	Div	BWt (Kg)	WtCls (Kg)	Glossbrenner	Squat 1	Squat 2	Squat 3	Squat 4	Best Squat	Bench 1	Bench 2	Bench 3	Best Bench	Deadlift 1	Deadlift 2	Deadlift 3	Deadlift 4	Best Deadlift	PL Total	Coeff Score	Age & Coeff	PI-Div-WtCl
Daniel Volodarski SOFT	23	MO	108.7	110	0.5644	250	262.5	273		272.5	130	-140	142.5	142.5	290	-320	-320		290	705.00	397.90	0.00	1-MO-110

POWERLIFTING RAW (KG)

Name	Age	Div	BWt (Kg)	WtCls (Kg)	Glossbrenner	Squat 1	Squat 2	Squat 3	Squat 4	Best Squat	Bench 1	Bench 2	Bench 3	Best Bench	Deadlift 1	Deadlift 2	Deadlift 3	Deadlift 4	Best Deadlift	PL Total	Coeff Score	Age & Coeff	PI-Div-WtCl
Eden Rottenberg	19	FT2R	70.8	75	0.8696	97.5	105	-110		105	45	50	-52.5	50	107.5	115	120		120	275.00	239.13	248.69	1-FT2R-75
Aluma Turgeman	31	FO	65	67.5	0.9267	85	90	95		95	55	57.5	60	60	120	125	130		130	285.00	264.10	0.00	1-FO-67.5
Amit Ovdad	20	FJ	73.6	75	0.8468	110	115	-120		115	50	55	-60	55	117.5	122.5	127.5		127.5	297.50	251.92	259.48	1-FJ-75
Arthur Fantalis	59	MM4	80.5	82.5	0.6551	125	135	145		145	105	112.5	115	115	170	185	190		190	450.00	294.77	387.63	1-MM4-82.5
Ronen Eliyahu	53	MM3	112.4	125	0.5593	170	180			180	150	160	-170	160	190	205	-220		205	545.00	304.79	360.87	1-MM3-125
Evgeniy Mazepa	48	MM2	89.5	90	0.6138	160	170	180		180	95	100	-105	100	190	205	-220		205	485.00	297.67	326.54	1-MM2-90
Borislav Chernilovsky	40	MM1	81.5	82.5	0.6498	150	170	180		180	120	130	137.5	137.5	185	210	230		230	547.50	355.74	355.74	1-MM1-82.5
Ben Greenberg	25	MO	80.4	82.5	0.6557	180	-188	-188		180	120	-127.5	-127.5	120	230	242.5	-245		242.5	542.50	355.69	0.00	1-MO-82.5
Matan Elmaliach	27	MO	84.5	90	0.6350	160	170	178		177.5	-105	-110	-110	0					0	0.00	0.00	0.00	0.00
Daniel Volodarski SOFT	23	MO	108.7	110	0.5644	250	262.5	273		272.5	130	-140	142.5	142.5	290	-320	-320		290	705.00	397.90	0.00	1-MO-110
Zaza Kharbedia	23	MJ	76.5	82.5	0.6786	190	200	205		205	135	-140	140	140	235	245	-252.5		245	590.00	400.37	0.00	1-MJ-82.5
Tal Arbetov	23	MJ	92.2	100	0.6040	-158	165	175		175	115	122.5	-127.5	122.5	200	212.5	220		220	517.50	312.57	0.00	1-MJ-100
David Pavlov	18	MT3	81.9	82.5	0.6504	185	190	195		195	127.5	132.5	-135	132.5	240	247.5	255	262.5	255	582.50	378.86	401.59	1-MT3-82.5
Liron Cohen	18	MT3	80.4	82.5	0.6557	180	192.5	-203		192.5	112.5	130	-132.5	130	187.5	202.5	215		235	557.50	365.52	387.46	2-MT3-82.5
Yoni Freidman	18	MT3	88.3	90	0.6185	185	190	-195		190	110	115	-117.5	115	225	232.5	235	-240	235	540.00	333.96	354.00	1-MT3-90
Ido Goral	17	MT2	88.2	90	0.6189	-140	150	160		160	100	105	-110	105	160	-170	-180		160	425.00	263.01	284.05	1-MT2-90
Oliver Novak	13	MT1	82.5	82.5	0.6446	87.5	95	105	-113	105	72.5	-77.5	-77.5	72.5	130	140	145		145	322.50	207.88		1-MT1-82.5